Open Flanders SC: Session: 1: COACH evaluation sheet for TEAM: ZNA

Coachinfo: Warming up from: 08:30 untill 09:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Kindt Maarten

Coaches: Kindt Joachim HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 5: 100M BREASTSTROKE MEN — Heat:1, starttime: 10:32

Heat: 1/5 Lane : 3 Athlete: CATRY GAETAN — **Q-time: 01:11:77**

PB (25m pool): 01:11.77 T ROSCO 12/10/2025 **PB (50m pool):** 01:12.29 **SB:** no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.44		01:11.77	
	00:33.44		*00:38.33*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M FREESTYLE MEN — Heat:1, starttime: 11:05

Heat: 1/6 Lane : 4 Athlete: CATRY GAETAN — **Q-time: 00:25:08**

PB (25m pool): 00:25.08 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:26.05 **SB:** 00:25.08 Sint-Amandsberg 18/10/2026

	2 5 M	5 0 M	
PB		00:25.08	
	00:25.08		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M MEDLEY MEN — Heat:2, starttime: 11:19

Heat: 2/6 Lane : 5 Athlete: CATRY GAETAN — **Q-time: 01:03:53**

PB (25m pool): 01:03.53 EEKLO 04/10/2026 **PB (50m pool):** no time **SB:** 01:03.53 EEKLO 04/10/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:03.53	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: